

New Family Medicine Physician Joins OSF Medical Staff In Alton

by Randy Schorfheide
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ALTON – OSF Medical Group – Primary Care (Alton) is pleased to announce a new board-certified family medicine physician has been added to its staff to better serve the primary care needs of Riverbend region residents.

Isha McConkey, D.O., is accepting new patients at OSF Medical Group – Primary Care, located at #2 Saint Anthony’s Way, Suite 205, in Alton. Dr. McConkey will see patients Monday-Friday, 7:30 a.m. - 3:30 p.m.

Dr. McConkey’s medical interests include (but not limited to):

- Family medicine
- Mental health
- Preventive medicine

As a current double board-certified family medicine physician (American Board of Osteopathic Family Medicine; American Board of Family Medicine), Dr. McConkey has accumulated more than nine (9) years of experience that’s included serving as a Hospitalist at Jersey Community Hospital (Jerseyville, IL; 2021-2024), Kettering Physician Network (Dayton, OH; 2016-2021), and Premier Health Partners (Dayton, OH; 2015-2020).

Dr. McConkey also served as Physician Owner of Butler Family Medicine, a direct primary care practice in Mason, OH, from 2018-2021. “A significant amount of my primary care practice time at Butler Family Medicine focused on treating and serving the underserved population. One of my passions is preventative care - as well as mental health - and I pioneered several six-week cognitive behavioral therapy (CBT)-based courses to recover from trauma, to achieve healthcare goals, and to increase resilience to disease.”

Among Dr. McConkey’s favorite aspects about practicing family medicine is building a connection with patients and their families. “I highly value the autonomy of my patients and see myself as their advocate and consultant in navigating their health and the healthcare system as a whole,” Dr. McConkey says. “I like to spend time helping my patients identify what their health goals are and then help them create a step-by-step roadmap to help them achieve their goals in a timeline that makes sense for them.”

According to Dr. McConkey, one of the most rewarding parts of being a physician is when she can share in the success of her patient’s achievement of their healthcare goals. “I love learning how our care and treatment of our minds and bodies directly impacts the physiological and psychological conditions we experience,” McConkey says.

“Being able to educate my patients on how small, strategic lifestyle changes can dramatically affect the trajectory of their mental and physical health is one of my greatest joys.”

McConkey's medical education began by receiving a Doctor of Osteopathic Medicine from the Ohio University College of Osteopathic Medicine (Athens, OH). She then completed a family medicine residency at ProMedica W. W. Knight Family Medicine Residency Program (Toledo, OH).

Dr. McConkey also holds current medical licenses to practice medicine in Illinois and Ohio.

Dr. McConkey is accepting new patients – appointments can be made by calling (618) 462-2222.

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About OSF HealthCare Saint Anthony's Health Center: A 49-bed Rural Health designated acute care hospital in Alton, Illinois, [OSF Saint Anthony's](#) serves the residents of Madison, Jersey and Macoupin counties. It is home to OSF Moeller Cancer Center, which provides the latest diagnostic tools and treatment for patients in a relaxing environment. OSF Saint Anthony's also provides 24-hour access to a physician-staffed emergency department, in addition to cardiovascular, neurology, pulmonology, surgical, rehabilitation services and more. OSF Saint Anthony's is fully accredited by the Joint Commission for Healthcare Facilities, American College of Surgeons' Commission on Cancer, American College of Radiology, American Heart Association, IDPH and TJC Primary Stroke Center. OSF Saint Anthony's is part of OSF HealthCare – an integrated health system with 15 hospitals in Illinois and Michigan and robust Innovation and Digital Health divisions that provide access to specialty care and remote monitoring, helping people receive the care they need close to home. [OSF HealthCare](#) is operated by The Sisters of the Third Order of Saint Francis.

OSF HealthCare is an integrated health system founded by The Sisters of the Third Order of St. Francis. Headquartered in Peoria, Illinois, OSF HealthCare has 16 hospitals – 10 acute care, five critical access, 1 transitional care - with 2,131 licensed beds throughout Illinois and Michigan. OSF employs nearly 24,000 Mission Partners across 150+ locations; has two colleges of nursing; operates OSF Home Care Services, an extensive network of home health and hospice services; owns Pointcore, Inc., comprised of health care-related businesses; OSF HealthCare Foundation, the philanthropic arm for the organization; and OSF Ventures, which provides investment capital for promising health care innovation startups. In 2020, OSF OnCall was established, a digital health operating unit, including a hospital-at-home. OSF OnCall delivers care and services

when, where and how patients prefer to receive them. OSF HealthCare has been recognized by *Fortune* as one of the most innovative companies in the country. More at osfhealthcare.org/.