

Roland Prenzler Dominates Mud Mountain 5K Once Again

by Dan Brannan, Content Director
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EDWARDSVILLE - Roland Prenzler cruised to his fourth consecutive overall Mud Mountain 5K title on Saturday, July 25, 2026, on a wet course at Southern Illinois University-Edwardsville.

Prenzler dominated the field with a time of 16:54.8. Prenzler was a very successful runner at Southern Illinois University Edwardsville.

Dan Shaw was the second overall finisher in a 17:16.7 clocking, and Geordan Patrylak placed third with a time of 17:23.6.

Rounding out the top five were Jake Burris (17:28.3) and Jackson Amick (17:40.5).

The Elite Eight Legends posted top four team times of 1:09.52 to win the male team title, followed by Bluetooth Forehead (1:12.05.9).





Other winners in the male categories were as follows:

60 and Over - Ryan Yoch, 24:25.6.

55-59 - Manish Mathur, 30:39.8.

45-49 - Michael Stephens, 25:46.7.

40-44 - Christopher Shaw, 24:08.0.

35-39 - Jon Yoch, 18:54.5.

30-34 - Bryce Schuster, 26:09.0.

25-29 - Cam Sukuma, 18:06.5.

19-24 - Jackson Amick, 17:40.5.

16-18 - Bobby Ross, 17:42.6.

14-15 - Jake Burris, 17:28.3.

11-and under - Owen Garrison, 22:34.8.















