OSF Saint Anthony’s Announces December Community Events and Support Services

by Submitted by OSF St. Anthony's Health Center
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OSF
SAINT ANTHONY'S HEALTH CENTER



ALTON – OSF Saint Anthony's Health Center offers a variety of free community programs, support groups and health resources to help individuals and families live healthier lives. Join us at upcoming events to access valuable services, learn about local resources and connect with a supportive community.

OSF OnCall Connect Community Resource Table

Find us at an event near you. Our team can connect you to health services and share information that will help you manage your health.

- Health screenings, including blood pressure check, cholesterol and glucose (Available at most events.)
- Help finding care
- Assistance with OSF MyChart
- Connection to resources, like food and transportation
- Enrollment in OSF OnCall digital health programs

Where to find OSF OnCall:

- Riverbend Family Ministries, located at 144 E. Ferguson in Wood River, on Tuesday, December 1, 9 a.m.-1 p.m.
- Calhoun County Senior Center, located at 203 W. Main St. in Hardin, on Wednesday, December 2, 10 a.m.-1 p.m.
- Salvation Army-Alton, located at 525 Alby St. in Alton, on Thursday, December 3, 1-3 p.m.
- Schwegel’s, located at 901 Alby St. in Alton, on Friday, December 4, 1-4 p.m.
- Community Hope Center, located at 1201 Hope Center Lane in Cottage Hills, on Monday, December 7, 9 a.m.-noon.
- Hillcrest Apartments, located at 1720 Muny Vista Drive in Alton, on Tuesday, December 8, 10 a.m.-12:30 p.m.

- Vitality Women's Clinic, located at 4854 North Alby Road in Alton, on Thursday, December 10, 10 a.m.-1:30 p.m.
- Maryville Outreach Center, located at 504 E. Division St. in Maryville, on Tuesday, December 15, 9 a.m.-noon.
- Collinsville Food Pantry, located at 2009 Mall St. in Collinsville, on Friday, December 18, 9 a.m.- noon.
- Alton Square Mall, located at 132 Alton Square, on Thursday, December 22, 9 a.m.-noon.
- Catholic Charities, located at 3512 McArthur Boulevard in Alton, on Wednesday, December 23, from noon-3:30 p.m.
- Jesus Saves Ministries, located at 3717C Nameoki Road in Granite City on Tuesday, December 29. from 10 a.m.-2:30 p.m.

Donate New and Gently Used Coats

Drop off new or gently used children's coats to help our littlest patients in need at OSF Medical Group – Pediatrics in Godfrey.

Donations can be dropped off at OSF Medical Group in Godfrey, conveniently located next to Walmart at 6702 Godfrey Road.

If you have any questions, please call (618) 467-1520.

Lymphedema Support

First Thursday of the month at 1 p.m. at OSF Rehabilitation located at 228 Alton Square Mall Drive.

For more information, call (618) 462-5171.

Stroke Support

Share stories, learn from one another and build a supportive community.

On the third Monday of each month at 4 p.m. at OSF Rehabilitation at Alton Square Mall Alton Square Mall Drive. (Enter through rehab front entrance)

For more information, call (618) 474-6393.

OSF Caring Circle (Breast Cancer Support Group)

Third Saturday of each month at 10 a.m. This is a supportive, compassionate space for women who are currently in treatment or adjusting to life as a survivor – a place to share, listen and connect with others who truly understand.

For more information, call (618) 474-6791.

OSF Weekly Support Groups:

Overeaters Anonymous: Tuesdays from 7-8 p.m.

Al-Anon Family Groups (AFG): Thursdays from 10-11:15 a.m.

For more information about the psychological services offered at OSF Saint Anthony's, call (618) 474- 6240.

OSF Services

Quit Smoking

Free smoking cessation support

Get started on stopping by calling (618) 433-7609.

Volunteer

Do you love being around people and serving others? Come join our team of volunteers! Volunteers reinforce our Mission by lending the extra hands that truly enhance the quality of patient care.

As a volunteer, you provide an important service to your community and have a chance to meet people and make new friends.

For more information, call (618) 474-6425.

About OSF HealthCare Saint Anthony's Health Center:

A 49-bed Rural Health designated acute care hospital in Alton, Illinois, OSF Saint Anthony's serves the residents of Madison, Jersey and Macoupin counties. It is home to OSF Moeller Cancer Center, which provides the latest diagnostic tools and treatment for patients in a relaxing environment. OSF Saint Anthony's also provides 24-hour access to a physician-staffed emergency department, in addition to cardiovascular, neurology,

pulmonology, surgical, rehabilitation services and more. OSF Saint Anthony's is fully accredited by the Joint Commission for Healthcare Facilities, American College of Surgeons' Commission on Cancer, American College of Radiology, American Heart Association, IDPH and TJC Primary Stroke Center.

OSF Saint Anthony's is part of OSF HealthCare – an integrated health system with 17 hospitals in Illinois and Michigan and robust Innovation and Digital Health divisions that provide access to specialty care and remote monitoring, helping people receive the care they need close to home. OSF HealthCare is operated by The Sisters of the Third Order of Saint Francis. OSF HealthCare is an integrated health system founded by The Sisters of the Third Order of St. Francis and headquartered in Peoria, Illinois. The system includes 18 inpatient facilities encompassing 16 licensed hospitals, two of which operate dual campuses in separate communities. Among these hospitals, 10 are acute care facilities, five are critical access hospitals and one is a continuing care facility.

OSF has 2,141 licensed beds throughout Illinois and Michigan and employs more than 27,000 Mission Partners across 170+ locations. These include OSF HealthCare Children's Hospital of Illinois, the third largest pediatric hospital in the state, and OSF OnCall, its digital health operating entity that offers hospital-at-home care.

In addition, OSF operates two colleges of nursing; OSF Home Care Services, an extensive network of home health and hospice services; Pointcore, Inc., which is composed of health care-related businesses; and OSF HealthCare Foundation, the philanthropic arm of the organization.

Advances in health care transformation take place through OSF Innovation as well as OSF Ventures, which provides investment capital for promising health care innovation startups. OSF HealthCare has been recognized by Fortune as one of the most innovative companies in the country and by Forbes as one of America's Best Employers for Healthcare Professionals. Learn more at osfhealthcare.org.